

# Iris Thiele Isip Tan

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## PROFILE

Iris is a proudly Filipino, home-grown internist-endocrinologist at the Philippine General Hospital where she is an active member of the Section of Endocrinology, Diabetes & Metabolism. She continues to serve her alma mater, the UP College of Medicine as Clinical Associate Professor and Consultant Monitor for the Learning Unit VII Straight Internship in Medicine program. Always an early adopter of emerging technology, she was in the first batch of students for the MS Health Informatics (Medical Informatics track) of the UP Postgraduate Institute of Medicine where she is now completing her thesis on health informatics in medical education. She is often asked to lecture on handheld technologies and the world wide web at different health informatics symposia. She also writes for the Informatics section of the DiabetesWatch magazine of the Diabetes, Philippines Inc. (formerly the Philippine Diabetes Association). Iris sits as the youngest board member of two specialty societies, the Philippine Lipid & Atherosclerosis Society (PLAS) and the Philippine Society for the Study of the Aging Male (PhiSSAM) where she is the Secretary. As board member of the PLAS, she coordinated nine highly successful Atherosclerosis Fora which served as venues for multidisciplinary discussions on atherosclerosis. She was also instrumental in putting up the PhiSSAM website using Google Apps, the latest cloud-computing offering of Google. Iris is very active in diabetes research. Her special research interests lie in gestational diabetes and diabetic foot infections where she has completed several award-winning papers presented locally and abroad. She is married to Dr. Rey Jaime Tan, a nephrologist with whom she has two sons Timothy and Ryan.

## EDUCATION

University of the Philippines, College of Science, Quezon City BS Biology, 1991

University of the Philippines, College of Medicine, Manila MD, 1996

## POSTDOCTORAL TRAINING

Internal Medicine Residency, University of the Philippines-Philippine General Hospital Department of Medicine 1997-1999

Endocrinology Fellowship, University of the Philippines-Philippine General Hospital Department of Medicine, Section of Endocrinology, Diabetes & Metabolism 2001-2002

MS Health Informatics (Medical Informatics track), University of the Philippines, Postgraduate Institute of Medicine 2005-

## ACADEMIC APPOINTMENT

Clinical Associate Professor, University of the Philippines College of Medicine 2004-

## ACADEMIC ADMINISTRATIVE APPOINTMENTS

Year Level VI ( Clerkship) Resident Monitor, University of the Philippines-Philippine General Hospital, Department of Medicine 1998

Year Level VII ( Internship) Resident Monitor, University of the Philippines-Philippine General Hospital, Department of Medicine 1999  
Assistant Chief Resident for Training, University of the Philippines-Philippine General Hospital, Department of Medicine 1999  
Chief Resident, University of the Philippines-Philippine General Hospital, Department of Medicine 2000  
Chief Fellow, University of the Philippines-Philippine General Hospital Department of Medicine, Section of Endocrinology, Diabetes & Metabolism 2002  
Year Level VII (Internship) Monitor, University of the Philippines-Philippine General Hospital, Department of Medicine 2004-2007  
Organ System Integration Curriculum, Learning Unit IV Hormonal Regulation and Reproduction Module Coordinator, University of the Philippines College of Medicine 2005  
Learning Unit VII (Straight Internship) Monitor, University of the Philippines-Philippine General Hospital, Department of Medicine 2007-present

## **CLINICAL/HOSPITAL APPOINTMENTS**

Attending Physician, University of the Philippines-Philippine General Hospital, Department of Medicine 2004-present  
Visiting Consultant, Manila Doctors Hospital 2004-present  
Active Non-rotating Consultant, San Juan De Dios Hospital 2004-2005

## **SCIENTIFIC ACTIVITIES**

Editor, *The Internist*, Newsletter of the University of the Philippines-Philippine General Hospital Department of Medicine 1999  
Editor, *Crosstalk*, quarterly Newsletter of the University of the Philippines-Philippine General Hospital Section of Endocrinology, Diabetes & Metabolism 2004  
Judge at the annual United Doctors Medical Center Residents' Research Forum 2004  
Member, Expert Panel on the Philippine Practice Guidelines on Dyslipidemia (representing the Philippine Lipid & Atherosclerosis Society) 2004-2005  
Judge at the annual Manila Doctors' Hospital Residents' Research Forum (meta-analysis category) 2004-2005  
Coach, Philippine College of Physicians-Pfizer Quiz Contest University of the Philippines-Philippine General Hospital Team 2004-2006 (*The team won Third Place in 2005 and First Place in 2006*)  
Co-investigator in various local and global pharmaceutical drug trials on diabetes 2004-present  
Judge at the annual San Juan De Dios Hospital Residents' Research Forum 2005  
Facilitator for paper writing workshop in annual evidence-based medicine training of medical residents of the Philippine General Hospital 2005  
Facilitator for workshop on formulating clinical questions in annual evidence-based medicine training of medical residents of the Philippine General Hospital 2006  
Faculty content expert for first year medical residents doing their meta-analysis research requirement 2006 (*Advisees won First Place in the annual Philippine General Hospital Department of Medicine residents' research forum (meta-analysis category)*)  
Attendee, The First National Conference on Health Informatics *State of the Art in Health Informatics*, University of the Philippines-Philippine General Hospital June 2006  
Reactor, Oral Research Presentation, Philippine Society of Endocrinology & Metabolism Annual Convention 2007, Crowne Plaza Hotel Feb 2007  
Judge at the Annual Ospital ng Makati Research Forum Oct 2007  
Attendee, AACE & MEMS Advanced Endocrinology Workshop, Kuala Lumpur Convention Center, Malaysia Nov 2007  
Attendee, Clinical Endocrinology Update, Boston, USA September 2008  
Consultant Coordinator, Residents' Meta-analysis workshop Philippine General Hospital 2009

## CERTIFICATION AND LICENSURE

### *Certificates*

Workshop on "How to Teach and Practice Evidence-based Medicine (Dr. Antonio Dans), PHINMA center, Tagaytay 2000

Radioisotopes Techniques Training Course, Philippine Nuclear Research Institute Jul-Aug 2001

Novo-Nordisk Good Clinical Practice Workshop, Singapore Nov 2001

"Strategies in Medical Education" Course (5 workshops), Medical Education Unit, UP College of Medicine 2005

### *Licensure*

Philippine Regulation Commission Physicians' Licensure Examination (Lic. No. 86622) 1996

Philippine College of Physicians Diplomate Examination in Internal Medicine 2000

Philippine Society of Endocrinology & Metabolism Diplomate Examination 2004

## HONORS AND AWARDS

Class Salutatorian, Grade School, Siena College Quezon City 1983

Class Valedictorian, High School, Siena College Quezon City 1987

Entrance scholar, University of the Philippines 1987

University scholar, University of the Philippines 1987-1989

College scholar, University of the Philippines 1990-1991

Magna Cum Laude, BS Biology, University of the Philippines 1991

Ranked 7<sup>th</sup> in Graduating Class, University of the Philippines College of Medicine 1996

Most Outstanding Intern, Community Medicine, UP-Philippine General Hospital 1996

Outstanding Intern, Internal Medicine, UP-Philippine General Hospital 1996

Philippine College of Physicians-Parke Davis Quiz Contest Champion 1998 (representing Philippine General Hospital)

Philippine College of Physicians First Interhospital Clinicopathologic Conference contest First placer (representing Bay area cluster of medicine residency training hospitals) 2000

Class Valedictorian, Radioisotopes Techniques Training Course, Philippine Nuclear Research Institute 2001

Ramon Abarquez Most Outstanding Fellow, University of the Philippines-Philippine General Hospital Department of Medicine (*Awarded for pioneering a patient education program for diabetes and lobbying for dedicated operating room slots for patients with diabetic foot infections when her quality of care study on these patients showed that delayed operations were increasing morbidity and mortality*)

### *Research Awards*

Awarded one of best 5 papers of the day, Free Communication Session of the Philippine College of Physicians Annual Convention 2000 (*Isip ITC & La Torre JG. Assessment of quality of care of patients admitted to the UP-PGH medical wards for diabetic foot*)

Recipient of the P100,000.00 Philippine Society of Endocrinology & Metabolism-Servier Philippines Diabetes Research Grant 2002 (*Isip Tan ITC & Lim-Abraham MA. Comparison of the 75-g and 100-g oral glucose tolerance test in the diagnosis of gestational diabetes in pregnant Filipino women*)

Third Place, Case Report Category, UP-PGH Department of Medicine Research Forum 2002 (*Isip-Tan ITC & Buenaluz-Sedurante M. Acute adrenal insufficiency in an adult on inhaled corticosteroids: case report*)

Awarded one of best 5 papers of the day, Free Communication Session of the Philippine College of Physicians Annual Convention 2002 (*Isip-Tan ITC & Buenaluz-Sedurante M. Acute adrenal insufficiency in an adult on inhaled corticosteroids: case report*)

Jose Fernando Award in Research, Fetus as a Patient Inc. (recognized affiliate society of the Philippine Obstetrics & Gynecology Society) 2002 (*Isip-Tan ITC, Limgenco ALM & Lantion-Ang L. Maternal and fetal outcomes of pregnancies with normal and abnormal glucose tolerance in the UP-PGH 2000-2001*)

Second Place, Retrospective Category, UP-PGH Department of Medicine Research Forum 2002 (*Isip-Tan ITC, Limgenco ALM & Lantion-Ang L. Maternal and fetal outcomes of pregnancies with normal and abnormal glucose tolerance in the UP-PGH 2000-2001*)

Second Place, Prospective Category, UP-PGH Department of Medicine Research Forum 2002 (*Isip-Tan ITC & Acampado LT. Validity of patient-administered monofilament testing in detecting the diabetic foot at risk of ulceration*)

First Place, Prospective Category, UP-PGH Fellows Research Forum 2002 (*Isip-Tan ITC & Acampado LT. Validity of patient-administered monofilament testing in detecting the diabetic foot at risk of ulceration*)

Awarded one of best 5 papers of the day, Free Communication Session of the Philippine College of Physicians Annual Convention 2003 (*Isip-Tan ITC & Buenaluz-Sedurante M. Acute adrenal insufficiency in an adult on inhaled corticosteroids: case report*)

First Place, Prospective Category, Oral Free Communication Session of the Philippine College of Physicians Annual Convention 2003 (*Isip-Tan ITC & Anlacan M. Practical screening instruments for peripheral neuropathy in the outpatient diabetes clinic*)

Second Place, Retrospective Category, Oral Free Communication Session of the Philippine College of Physicians Annual Convention 2003 (*Isip-Tan ITC, Limgenco ALM & Lantion-Ang L. Maternal and fetal outcomes of pregnancies with normal and abnormal glucose tolerance in the UP-PGH 2000-2001*)

First Place, Case Report Category, Oral Free Communication Session of the Philippine College of Physicians Annual Convention 2004 (*Tongol MR, Celzo F, Isip-Tan ITC & Acampado LT. Pseudohypoparathyroidism: a case report*)

First Place, Prospective Category, Oral Free Communication Session of the Philippine College of Physicians Annual Convention 2004 (*Isip-Tan ITC, Celzo F, Limgenco ALM, Lozada J, Lim-Abrahan MA, Festin M. Maternal and fetal outcomes of pregnant Filipino women who underwent 50-g glucose challenge test*)

Recipient of the P100,000.00 Philippine Diabetes Association Research Grant 2004 (*Isip-Tan ITC & Solimen D. Selective screening of gestational diabetes in Filipino women*)

Recipient of the P100,000.00 Philippine Diabetes Association Research Grant 2004 (*Isip-Tan ITC & Solimen D. Prevalence of diabetes and metabolic syndrome in Filipino women with previous gestational diabetes*).

Recipient of the P50,000.00 Philippine College of Physicians Research Grant 2005 (*Isip-Tan ITC & Solimen D. Selective screening of gestational diabetes in Filipino women*)

4th Place, Y. Sulit Young Investigator's Award, Philippine Society of Hypertension-Philippine Lipid & Atherosclerosis Society Annual Convention 2007 (*Isip-Tan ITC & Solimen D. Prevalence of abnormal glucose tolerance and metabolic syndrome in Filipino women with previous gestational diabetes*)

Third Place, Prospective Category, UP-PGH Department of Medicine Research Forum 2007 (*Isip-Tan ITC & Solimen D. Prevalence of abnormal glucose tolerance and metabolic syndrome in Filipino women with previous gestational diabetes*)

Third Place, Meta-analysis Category, UP-PGH Department of Medicine Research Forum 2007 (*Solimen D & Isip-Tan ITC. Effect of topiramate on weight loss and metabolic profile in obese type 2 diabetics*)

## **MEMBERSHIPS IN PROFESSIONAL SOCIETIES**

Associate, Philippine College of Physicians 1998-1999

Diplomate, Philippine College of Physicians 2000-2001

Fellow, Philippine College of Physicians 2002-

Diplomate, Philippine Society of Endocrinology & Metabolism 2004-2005

Member, Philippine Diabetes Association 2004-

Research Committee Member, Philippine Lipid & Atherosclerosis Society 2004-

Research Committee Member, ASEAN Federation of Endocrine Societies Convention Dec 2005

Scientific Committee Member, Philippine College of Physicians Annual Convention May 2006

Director, Philippine Lipid & Atherosclerosis Society 2006-

Fellow, Philippine Society of Endocrinology & Metabolism 2006-

Organizing Committee Member, PSH-PLAS Annual Convention, Jan 2007

Coordinator, PLAS Atherosclerosis Forum, 2007-2008

Organizing Committee Member, PSH-PLAS Annual Convention, Jan 2009

Informatics Section Editor, DiabetesWatch (official newsletter magazine of the Philippine Diabetes Association), 2008-

Informatics Committee, Philippine Society of Endocrinology & Metabolism

Scientific Committee Member, PSEM Annual Convention 2009

Informatics Committee, Philippine College of Physicians 2009-

## BIBLIOGRAPHY

### *Peer-reviewed publication*

- Isip ITC & La Torre JG. Assessment of quality of care of patients admitted to the UP-PGH medical wards for diabetic foot. *Philippine Journal of Internal Medicine* 41:83-89, 2003.
- Celzo F, Isip-Tan ITC & Acampado LT. Widely metastatic follicular thyroid carcinoma from an occult thyroid focus: a case report and review of literature. *Philippine Journal of Internal Medicine* 43(6):347-353, 2005.
- Verastigue-Custodio M, Jimeno CA, Isip-Tan ITC, Acampado LT. A survey of diabetes knowledge among type 2 diabetes patients at UP-PGH OPD using the Filipino version of American Association of Clinical Endocrinology (AACE) knowledge evaluation form. *Philippine Journal of Internal Medicine* 44(5):225-230, 2006.
- Tongol MR, Acampado LT, Celzo F, Isip-Tan ITC. Pseudohypoparathyroidism. *Philippine Journal of Internal Medicine* 44(5):255-262, 2006.

## INTERNAL CME PRESENTATIONS

- Grand Rounds, Department of Medicine, UP-Philippine General Hospital. *Diabetes in Pregnancy* Aug 2003
- Perinatology Conference, University of the Philippines-Philippine General Hospital Department of Obstetrics & Gynecology. *UP-PGH Protocol for Screening for Gestational Diabetes* 2004
- University of the Philippines-Philippine General Hospital Diabetes Nurse Educators meeting. *Perioperative management of diabetes* Dec 2004
- University of the Philippines-Philippine General Hospital Department of Nursing Education and Training Conference. *Prevention of diabetes complications* May 2005
- UP-PGH Section of Endocrinology Conference. *Intensive insulin therapy in the critically ill: a meta-analysis* 2005
- Residents' Hour, Department of Medicine, UP-Philippine General Hospital. *Outpatient management of thyroid disease* Nov 2005
- Residents' Hour, Department of Medicine, San Juan de Dios Hospital. *Diabetes in Pregnancy* Jul 2006
- Residents' Hour, Department of Medicine, UP-Philippine General Hospital. *Perioperative management of diabetes* Nov 2006
- Grand Rounds, Department of Medicine, UP-Philippine General Hospital. *Health Informatics: Improving Health Care through Information* Sept 2007.
- 7<sup>th</sup> Diabetes Nurse Educators Seminar (Making a Difference in the Workplace). Nursing Skills Lab, Nurses' Home, Philippine General Hospital. *Acute complications of diabetes* 2007
- Residents' Hour, Department of Medicine, UP-Philippine General Hospital. *Outpatient management of diabetes* 2008
- Residents' Hour, Department of Medicine, UP-Philippine General Hospital. *Diabetic Emergencies* 2008
- Residents' Hour, Department of Medicine, UP-Philippine General Hospital. *Perioperative management of diabetes* 2009

## INVITED PRESENTATIONS

### *Diabetes*

- Screening for gestational diabetes* Philippine Diabetes Association Annual Convention, 2002.
- Prevention of diabetes in women with previous gestational diabetes* Philippine Diabetes Association Annual Convention, Nov 2004.
- Hyperglycemia after cardiac surgery* Philippine Heart Association CME lecture, Nov 2005.
- Diabetic Emergencies* Manila Adventist Medical Center annual postgraduate course, Jun 2006.
- Achieving Glycemic Control in Type 2 Diabetes* Therapharma lunch symposium, Manila Adventist Medical Center annual postgraduate course, Jun 2006.
- Hyperglycemia in the ICU* Philippine College of Chest Physicians Annual Convention, Sofitel Philippine Plaza, 8 Mar 2007.
- Strict glycemic control in the critically ill: a double-edged sword* Plenary Session, Annual Convention of the Philippine Society of Critical Care Medicine. Crowne Plaza, 21 February 2008.

Isip-Tan ITC. *Management of Hyperglycemia in the Critically Ill* Annual PSEM Updates. Dusit Thani Hotel, 2 Aug 2008.

*Prediabetes: Drugs or No Drugs* 2nd PSEM Congress on Prediabetes and Metabolic Syndrome. EDSA Shangrila Hotel, Mar 2009.

### *Obesity*

*Obesity and the Obstetrician* Obstetrics Postgraduate Course, Jun 2004.

*Management of Obesity at Different Age Groups* Annual Convention of the Philippine Society for the Study of Overweight and Obesity, Crowne Plaza, 27 Aug 2008.

### *Lipids*

Debater. Philippine Lipid & Atherosclerosis Society Annual Convention Debate *Should the LDL target be 70 mg/dL or less?* Feb 2005.

*Lipid Metabolism Made Easy* University of the Philippines-Philippine General Hospital Section of Cardiology Lipid Workshop. Cebu, Jun 2005.

*Targeting Atherosclerosis: Statin Therapy for All Patients with Type 2 Diabetes* Therapharma lunch symposium, University of the Philippines-Philippine General Hospital Section of Cardiology ECG Course, Jul 2006.

*Dyslipidemia in the Young* Symposium on the young, a new segment of the aging population. Philippine Society of Hypertension-Philippine Lipid & Atherosclerosis Society Annual Convention, Crowne Plaza Hotel, Jan 2007.

*Reducing Cardiovascular Risk in Diabetes: Is the Glass Half-empty or Half-full?* Therapharma lunch symposium, Philippine Academy of Family Physicians Annual Convention, PICC, 2 Mar 2007.

*Dyslipidemia in the Elderly* Philippine Medical Association Annual Convention, EDSA Shangrila Plaza, 25 May 2007.

*Harmonizing Lipid Guidelines: Focus on the Philippine Dyslipidemia Guideline* Plenary Session, Joint Annual Convention of the Philippine Lipid & Atherosclerosis Society and the Philippine Society of Hypertension. Crowne Plaza, 15 Feb 2008.

*Panel Discussion: Mixed Dyslipidemia* 1<sup>st</sup> PSEM Lipid Weekend Course, Cebu City, Nov 2008.

*Diet and Lifestyle Intervention for Dyslipidemia* Annual Convention of the Philippine Diabetes Association, Century Park Hotel, Dec 2008.

### *Hypertension*

*Screening for secondary hypertension: an evidence-based approach* Cebu Medical Society meeting, Oct 2004.

*Fixed-dose combination therapy: is it time for this approach in hypertension and dyslipidemia management?* Pfizer lunch symposium, Manila Doctors' Hospital annual postgraduate course, Aug 2005.

*Management of Hypertension in Type 2 Diabetes* FEU-NRMFF 50<sup>th</sup> Postgraduate Course. Crowne Plaza, 8 Aug 2008.

### *Metabolic Syndrome*

*Slaying the metabolic syndrome: are we battling the hydra or the chimera?* Astra Zeneca lunch symposium, Society of Cardiac Rehabilitation convention, Jun 2005.

*Metabolic syndrome in the aging male* Annual Convention of the Philippine Society for the Study of the Aging Male. Century Park, 7 Mar 2008.

*Metabolic syndrome in aging: is it normal?* UERMMC Alumni Association, Postgraduate Course 2009.

### *Pituitary*

Discussant, Symposium on the *Management of Prolactin-Secreting Pituitary Adenoma*. Philippine Neurological Association Annual Convention, Nov 2006.

*Prolactinoma and Pregnancy* Annual Convention of the Philippine Society of Endocrinology & Metabolism. EDSA Shangrila Plaza, 26 Mar 2008.

*Controversies in the Management of Pituitary Adenoma* Annual Convention of the Philippine Society of Neuro-oncology. EDSA Shangrila Plaza, 10 May 2008.

### *Reproductive Endocrinology*

*Polycystic Ovarian Syndrome: a Multidisciplinary Approach* UP-PGH Section of Dermatology Postgraduate Course. Club Filipino, Mar 2008

*Metabolic syndrome in the aging male* Annual Convention of the Philippine Society for the Study of the Aging Male. Century Park, 7 Mar 2008

*Reducing Cardiovascular Risk in the Perimenopausal Woman* Philippine Society of Climacteric Medicine, Intercontinental Makati, Aug 2008

*Metabolic Syndrome: Safety Issues in Androgen Replacement* Philippine Urological Association convention, Crowne Plaza, Dec 2008 *Metabolic syndrome in aging: is it normal?* UERMMC Alumni Association, Postgraduate Course 2009

*Hypertension in the Symptomatic Perimenopausal Woman* Philippine Society of Climacteric Medicine midyear convention, Club Filipino, May 8, 2009

### *Informatics*

*PDA Use in Internal Medicine* Philippine College of Physicians Annual Convention Informatics Session, May 3, 2006.

*PDA Use in Medicine* Philippine Heart Association Annual Convention Informatics Session, May 26, 2006.

*What is an EHR (Electronic Health Record)?* EHR Philippines 2006 Conference, Pan Pacific Manila, Dec 2006.

*EHR on Handheld Devices.* EHR Philippines 2006 Conference, Pan Pacific Manila, Dec 2006.

*What is Medical Informatics?* Capiz Medical Society Postgraduate Course, Gerry Roxas Convention Center, Roxas City, Jan 2007.

*What is Medical Informatics?* AMA Interactive Learning Center, President's Inn, Roxas City, Jan 2007.

*What is Medical Transcription?* AMA Interactive Learning Center, President's Inn, Roxas City, Jan 2007.

*Strategies to Integrate Informatics Education in the Medical Curriculum* Third National Health Informatics Conference, Social Hall, Philippine General Hospital, 27 Sept 2007.

*PDA: Tool for Medical Practice* Third National Health Informatics Conference, Social Hall, Philippine General Hospital, 28 Sept 2007.

*Teaching resources on the World Wide Web for atherosclerosis, dyslipidemia and hypertension* Informatics Symposium, Joint Annual Convention of the Philippine Lipid & Atherosclerosis Society and the Philippine Society of Hypertension. Crowne Plaza, 14 Feb 2008.

*The Clinician and the World Wide Web* Informatics sessions, Annual Convention of the Philippine College of Physicians. SMX Convention Center, 7 May 2008.

*Choosing the Right PDA or smartphone* PGH Department of Neurosciences Postgraduate Course, Diamond Hotel, 26 Jul 2008.

*The World Wide Web and the Neuroscientist* PGH Department of Neurosciences Postgraduate Course, Diamond Hotel, 26 Jul 2008.

*The Clinician and the WWW: Improving Health Care, One Click at a Time* Philippine Obstetrics & Gynecology Society Annual Convention, PICC, Nov 2008

*Google Apps: Cloud Computing for Physicians* PSH-PLAS Annual Convention, Crowne Plaza, Mandaluyong City, Feb 2009.

*Providing Information at the Point of Care* 1st National Conference on eMedicine and Telehealth. Crowne Plaza Hotel, May 8, 2009.

### *Research Presentations*

*Isip-Tan ITC*, Limgenco ALM & Lantion-Ang L. Maternal and fetal outcomes of pregnancies with normal and abnormal glucose tolerance in the UP-PGH: 2000-2002. Oral presentation at Philippine Diabetes Association Convention (Symposium on Gestational Diabetes), Dec 2002.

*Isip-Tan ITC* & Lim-Abraham MA. Comparison of the 75-g and 100-g oral glucose tolerance test in the diagnosis of gestational diabetes mellitus in pregnant Filipino women. Presented at annual convention of Philippine Society of Endocrinology & Metabolism convention, EDSA Shangrila Hotel, Mar 2004.

*Isip-Tan ITC* & Solimen D. Prevalence of diabetes and metabolic syndrome in Filipino women with previous gestational diabetes. Interim report presented at the Philippine Diabetes Association Annual Convention, Nov 2006.

*Isip-Tan ITC*, Limgenco ALM & Lantion-Ang L. Maternal and fetal outcomes of Filipino women with gestational diabetes. ASEAN Federation of Endocrine Societies Annual Convention Oral Free Communication Session, Singapore, 2003.

Isip-Flores JV, *Isip-Tan ITC*, Tee M, Perez C. Intensive insulin therapy in the critically ill: a meta-analysis. ASEAN Diabetes Educators (an affiliate of the ASEAN Federation of Endocrine Societies) First Update, Dec 2005.

*Isip-Tan ITC* & Solimen D. Selective screening of gestational diabetes in Filipino women. Interim report presented at the Philippine College of Physicians Annual Convention, May 2006.

*Isip-Tan ITC* & Solimen D. Selective screening of gestational diabetes in Filipino women. Interim report presented at the Philippine Diabetes Association Annual Convention, November 2006.

*Isip-Tan ITC* & Solimen D. Prevalence of abnormal glucose tolerance and metabolic syndrome in Filipino women with previous gestational diabetes. Oral presentation. Molecular Diabetology in Asia Congress, Guangzhou, China, Dec 2008.

## UNPUBLISHED WORK

*Isip ITC* & La Torre JG. A meta-analysis comparing the effectiveness of T-piece vs intermittent mandatory evaluation in weaning patients requiring mechanical ventilation. 1997. Poster presentation at 18<sup>th</sup> annual Philippine College of Physicians Convention, EDSA-Shangrila Hotel, May 1998.

*Isip ITC* & La Torre JG. Assessment of quality of care of patients admitted to the UP-PGH medical wards for diabetic foot. 1999. Poster presentation at 30<sup>th</sup> annual Philippine College of Physicians Convention, EDSA-Shangrila Hotel, 2000.

Benedicto JP, Rosaros EJ, Reside E & *Isip ITC*. Development of an evidence-based algorithm on weaning patients from mechanical ventilation: the Philippine General Hospital Setting. 1999.

Tan RJM, *Isip ITC*, Diaz GA & Eullaran RN. Response to treatment of patients with diffuse proliferative glomerulonephritis (lupus nephritis WHO class IV) on intermittent IV pulse cyclophosphamide therapy: the UP-PGH experience. 2001. Poster presentation at annual Philippine Society of Nephrology Convention, EDSA-Shangrila Hotel, 2003.

*Isip-Tan ITC* & Buenaluz-Sedurante M. Acute adrenal insufficiency in an adult on inhaled corticosteroids: case report. 2001. Poster presentation at annual Philippine Society of Endocrinology & Metabolism convention, EDSA-Shangrila Hotel, March 2003. Poster presentation at ASEAN Federation of Endocrine Societies convention, Singapore, December 2003.

*Isip-Tan ITC*, Limgenco ALM & Lantion-Ang L. Maternal and fetal outcomes of pregnancies with normal and abnormal glucose tolerance in the UP-PGH: 2000-2002. Oral presentation at Philippine Diabetes Association Convention (Symposium on Gestational Diabetes), December 2002. Poster presentation at annual Philippine Society of Endocrinology & Metabolism convention, EDSA-Shangrila Hotel, March 2003. Oral presentation at ASEAN Federation of Endocrine Societies convention, Singapore, December 2003.

*Isip-Tan ITC* & Acampado LT. Validity of patient-administered monofilament testing in detecting the diabetic foot at risk of ulceration. 2002. Poster presentation at ASEAN Federation of Endocrine Societies convention, Singapore, December 2003.

*Isip-Tan ITC* & Anlacan M. Practical screening instruments for peripheral neuropathy in the outpatient diabetes clinic. 2002. Poster presentation at annual Philippine Society of Endocrinology & Metabolism convention, EDSA-Shangrila Hotel, March 2003. Poster presentation at ASEAN Federation of Endocrine Societies convention, Singapore, December 2003.

Galinato P & *Isip-Tan ITC*. Correlative study on H-reflex latencies and motor and nerve action potentials of diabetic patients seen at the UP-PGH outpatient department. 2002.

*Isip-Tan ITC* & Lim-Abrahan MA. Comparison of the 75-g and 100-g oral glucose tolerance test in the diagnosis of gestational diabetes mellitus in pregnant Filipino women. Presented at annual con-

vention of Philippine Society of Endocrinology & Metabolism convention, EDSA Shangrila Hotel, March 2004. Recipient of the 2002 PSEM-Servier Research Grant

*Isip-Tan ITC & Solimen D.* Prevalence of diabetes and metabolic syndrome in Filipino women with previous gestational diabetes. Recipient of the 2004 Philippine Diabetes Association Research Grant. Interim report presented at the Philippine Diabetes Association Annual Convention, Nov 2006.

*Isip-Tan ITC & Solimen D.* Selective screening of gestational diabetes in Filipino women. Recipient of the 2004 Philippine Diabetes Association Research Grant. Interim report presented at the Philippine Diabetes Association Annual Convention, Nov 2006.

*Isip-Tan ITC & Solimen D.* Prevalence of diabetes and metabolic syndrome in Filipino women with previous gestational diabetes. Poster presentation/ oral presentation (Y. Sulit Young Investigator's Award) at the annual convention of the Philippine Society of Hypertension Philippine Lipid & Atherosclerosis Society Annual Convention, Crowne Plaza Hotel, Jan 2007.

*Isip-Tan ITC & Solimen D.* Gestational diabetes is an early marker of the metabolic syndrome. Poster presentation at the World Insulin Resistance Congress, Boston, Oct 2007.

*Isip-Tan ITC & Solimen D.* Prevalence of abnormal glucose tolerance and metabolic syndrome in Filipino women with previous gestational diabetes. Poster presentation. ASEAN Federation of Endocrine Societies Congress, Kuala Lumpur, Malaysia, Dec 2007.

*Isip-Tan ITC & Solimen D.* Selective screening of gestational diabetes in Filipino women. ASEAN Federation of Endocrine Societies Congress, Kuala Lumpur, Malaysia, Dec 2007.

*Isip-Tan ITC & Solimen D.* Prevalence of abnormal glucose tolerance and metabolic syndrome in Filipino women with previous gestational diabetes. Oral presentation. Molecular Diabetology in Asia Congress, Guangzhou, China, Dec 2008.